FRONT BUMPER INSTALLATION INSTRUCTIONS



SAFETY

Know safety, no injury. Know injury, no safety. ~Author Unknown

- READ ALL SAFETY INSTRUCTIONS BEFORE INSTALLATION
 - o FOLLOW ALL INSTRUCTIONS FOR PROPER ASSEMBLY
 - o WEAR APPROPRIATE EYE PROTECTION
 - o EXERCISE CARE WHEN LIFTING COMPONENTS
 - USE APPROPRIATE TORQUE FOR BOLTS
 - o BLUE THREAD LOCKING COMPOUND IS RECOMMENDED ON ALL BOLT
 - O SUGGESTED TORQUE VALUES FOR STEEL GRADE SAE 5 BOLT

BOLT DIAMETER (INCH)	TREADS PER INCH	TORQUE (POUND-FEET)
1/4	20	7
5/16	18	14
3/8	16	25
7/16	14	40
1/2	13	60
9/16	12	88
5/8	11	120
3/4	10	200
7/8	9	302
1	8	466



<u>QUANTITY</u>	PART NUMBER	DESCRIPTION
1	600-56-0063	2009-20XX FORD F150
		FPR
1	60P-56-1379	PAINTED PASS FRAME
		MOUNT WELDMENT
1	60P-56-1380	PAINTED DRIVER
		FRAME MOUNT
		WELDMENT
1	60P-56-1361	INNERCOOLER GAURD
1	60K-56-0004	HARDWARE PACKAGE
		#4

I. TOOL LIST

- 1. 10mm Socket
- 2. Needle nose pliers
- 3. 21mm Socket
- 4. 15mm Socket

II. REMOVAL OF OEM BUMPER

1. Disconnect OEM fog lights and secure wires out of the way.



Figure 1



2. Using a 10mm Socket remove two bolts from plastic Valance. See figure 2 and figure 3.



Figure 2



Figure 3



3. Remove three plastic Christmas tree clips holding on dust shroud and push shroud out of way. See Figure 4 and Figure 5.



Figure 4



Figure 5



4. Use a 21mm socket remove four nuts (2 per side) holding OEM bumper to frame of vehicle. See Figure 6.



Figure 6

5. Remove OEM bumper from vehicle and set aside. See Figure 7 and Figure 8.



Figure 7





Figure 8.

- 6. Using a 15mm socket remove tow hook bolts (both sides)
- 7. Remove OEM tow hooks.

III. INSTALLATION OF HAMMERHEAD BUMPER

1. Align frame mounts to vehicle. See Figure 9, Figure 10 and Figure 11.



Figure 9





Figure 10: Driver side view of mounts

- 2. Hand tighten OEM tow hook bolts into the bottom of the frame mounts into the frame
- 3. Secure intercooler guard to HammerHead bumper.
- 4. Align bumper to frame mounts on vehicle.
- 5. Using 3/4" socket and wrench tighten two bolts (each side) through frame mounts into Hammerhead bumper.



CONGRATULATIONS!!

